

# fitnice

## FLOOR

### QUICK GUIDE TO INSTALLATION: ROLLS

This document is a quick guide to the installation of Fitnice® Floor Rolls

## 1. VERIFICATION AND PREPARATION OF THE SUBFLOOR

The subfloor surface on which Fitnice® is to be installed should be clean, dry, flat, and free of cracks or irregularities. If the surface does not meet these criteria, it will have to be prepared before Fitnice® is installed:

- a) Remove any material remaining from previous flooring, and vacuum the surface thoroughly to remove dirt and dust.
- b) Apply a coat of primer, following the manufacturer's guidelines for method of application and drying time.
- c) Apply self-leveling compound. Follow the manufacturer's guidelines for method of application and drying time.

Maximum subfloor moisture is specified in standard CEN/TS 14472-4:2003, with measurement methods differing between countries.

## 2. INSTALLATION

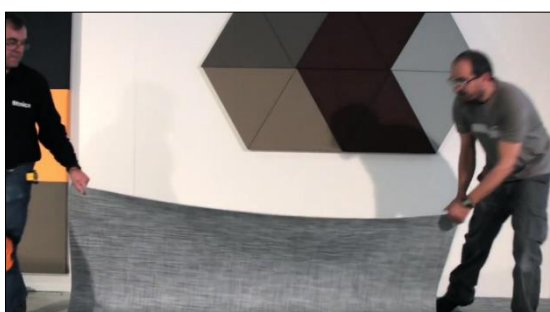
Before installing, leave unrolled Fitnice® sheets laid flat on top of each other for at least 24 hours.

Install rolls perpendicular to the predominant direction of sunlight. Cut sheets with 2.5 centimeters extra on any side that will have another sheet installed adjacent to it, in order to make seams.

Be sure that all sheets are laid in the same direction, marked by the arrows on the backing.

Gluing:

1. Position the first sheet. Lift and fold back half of the sheet of Fitnice®. Apply glue onto the floor surface following the manufacturer's guidelines.

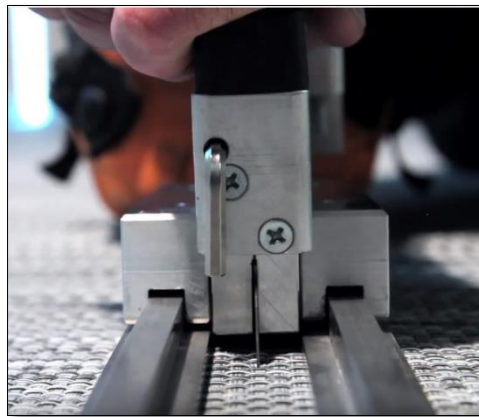


2. Let the adhesive dry according to the drying time indicated by the manufacturer, and, once the adhesive is ready, lower the lifted half of the Fitnice® to the floor surface. Then lift the other half of the sheet and apply adhesive to the floor under it. Spread the adhesive carefully in the middle zone under the fold where the Fitnice® has been lifted.
3. Position the next sheet overlapping the previous one by 5 centimeters. This is necessary for making the seams.

4. Once the floor has been installed, and before cutting the joints, press the whole surface with a pressure roller (at least 50 kg) to increase the contact between the adhesive and Fitnice® and to remove any air bubbles. Roll from the center to the edges of each sheet.



5. Seam cutting and cold welding:
  - Double Cut: Remove residual glue and place a movable cutting blade on a guide rail over the middle of the overlap between two sheets. Cut through both sheets of Fitnice® at the same time. Remove the scrap from both sheets, and press the seam with a pressure roller.



- Cold welding should not be done until the adhesive under the seam is completely dry. Protect the seam with masking tape at least 5 centimeters wide, pressing it down with a silicone roller to fix the paper tape well into the relief of the weave.



Cut the masking tape with a utility knife along the cut in the flooring. Shake the tube of cold-welding liquid and insert the needle deep into the joint. Slide the needle along the seam while squeezing the tube to adjust the flow. Let dry at least 30 minutes and remove the masking tape.

6. After the installation of each zone, press the floor surface with a pressure roller (at least 50 kg).

### **3. RECOMMENDATIONS AFTER INSTALLATION**

Following installation, allow the adhesive to dry properly before use:

- 24 hours for any foot traffic.
- 48 hours for placing furniture

**IMPORTANT:** do not drag any heavy objects on Fitnice®, as that can cause irreparable damage.

Before beginning normal use, FITNICE® Floor should be cleaned to remove any construction dust (sand, cement, or other abrasive particles). Use a vacuum cleaner, and then mop the floor with warm water and neutral soap.

Once the surface has been cleaned, cover and protect Fitnice® to prevent damage during other construction work. Whenever possible, it is best to install Fitnice® after all other construction work has been finished.

**IMPORTANT:**

- Fitnice® rolls should always be stored horizontally.
- Rolls should be handled with care and with adequate means to avoid damage.
- Never roll Fitnice® without using an internal tube.
- Fitnice® is a textured textile product with natural variation in color. The appearance is not uniform. Such color variations are not grounds for claims.
- Use only one production lot per area to be installed.
- Vertisol does not accept returns of material after it has been installed.
- Double-sided tape should not be used instead of adhesives recommended by Vertisol.

### **RECOMMENDED ADHESIVES**

The adhesives listed below have been tested and approved for Fitnice® Floor installation.

#### **SUBFLOOR PREPARATION**

Primer: Primer G, MAPEI  
Self-leveling compound: Ultraplan, MAPEI

#### **ADHESIVES:**

- |                      |          |
|----------------------|----------|
| - Ultrabond ECO4 LVT | MAPEI    |
| - Eco V4 SP          | MAPEI    |
| - Multi Coll         | WULFF    |
| - Thomsit 188E       | HENKEL   |
| - SLC ECO r3         | KERAKOLL |
| - Primacola C-15     | RAYT     |
| - F-44               | F-BALL   |
| - Miplafix-300       | BOSTIK   |
| - Miplafix-400       | BOSTIK   |
| - Miplafix-800       | BOSTIK   |
| - Power Elastic      | BOSTIK   |
| - Sadertak V6        | BOSTIK   |

Always follow the adhesive manufacturer's instructions.